

ASSOPICON 2026 Poster Presentation

Presenting Day: Day 3, Thursday, 08th October 2026

Sr. No.	Registration Status	Title	Presenting Author	Designation	Institution	Email Id	Abstract Title
1	Registered	Dr.	Ayushi Parmar	3rd year Resident	AIIMS	ayushiparmar1098@gmail.com	Beyond the Classical Syndrome: Quantitative Cardioautonomic Profiling in Wolfram Spectrum Disorder — A Case Report from Western India
2	Registered	Dr.	Priyadharshini V	Junior Resident	AIIMS Jammu	vetryveldevi2018@gmail.com	Lifestyle modification improves cardiac autonomic function in obese women with Polycystic Ovarian Syndrome: Evidence from a prospective interventional study
3	Registered	Dr.	Indrajeet Singh Mrichanna	Junior Research Fellow	Department of Physiology, All India Institute of Medical Science	indrajeet.mrichanna468.ism@gmail.com	Comparative Assessment of Cardio-Metabolic and Pulmonary Health in Particularly Vulnerable Tribal Groups and Urban Adults in Chhattisgarh
4	Registered	Dr.	Deepti Chauhan	PhD Scholar	All India Institute of Medical Sciences	chauhandeeptidc98@gmail.com	Effect of Emotional Stability on Working Memory Performance, Mind-Wandering, and Daydreaming Styles in Young Adults with Introverted Profiles
5	Registered	Dr.	Manish Gehani	Postgraduate Student	Smt B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	dr.manishgehani@gmail.com	Physiological signatures and aetiological insights from audiometric phenotypes of paediatric sensorineural hearing loss: A tertiary centre descriptive cross-sectional study
6	Registered	Dr.	Nitish Pandya	Postgraduate Student	Smt. B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	nitish.pandya@sumandeepvidyapeethdu.edu.in	Physiology of third trimester anemia: A facility-based descriptive cross-sectional study
7	Registered	Dr.	Vedshri Patel	Postgraduate Student	Smt. B. K. Shah Medical Institute & Research Centre, Sumandeep Vidyapeeth, Vadodara	vedshripatel@gmail.com	Maternal physiology and inter-generational transmission of sickle cell gene: A tertiary centre high-performance liquid chromatography-based selective screening study
8	Registered	Dr.	Disha Solanki	First year resident	GMC bhavnagar	sdisha805@gmail.com	Efect of 30minute meditation on SMS scale
9	Registered	Dr.	Kanishka Verma	MBBS Student	Sri Guru Ram Das Institute of Medical Sciences and Research	drkanishkapreetyverma@gmail.com	Mind-Wandering and Attentional Control as Behavioural Correlates of Cognitive Failures Among Medical Trainees: A Questionnaire Based Study
10	Registered	Dr.	Rakshita Vithalkumar Betigeri	3rd year, MBBS student	Srinivas Institute of Medical Sciences and Research Center	brakshita10@gmail.com	Association of ABO Blood Groups with Body Mass Index, Ponderal Index, Broca's Index and Corpulence Index: A Cross-Sectional Study
11	Registered	Dr.	Akanksha Mahajan	JR-1	IMS, BHU	akankshamahajan5@gmail.com	Correlation of heart rate variability and body composition in apparently healthy young adults
12	Registered	Dr.	Dhvani Dobaria	2nd year resident	Pramukhswami medical college, Karamsad	djdobaria410@gmail.com	Effect of Kangaroo Mother Care on Heart Rate Variability in Preterm Neonates: A Before-and-After Observational Study
13	Registered	Dr.	Hepee Patel	Second year Resident	Pramukhswami Medical College, Bhaikaka University, Karamsad	happypatel16796@gmail.com	Comparison of Body Composition and Autonomic Function between Female Manual Labourers and Sedentary Controls in Anand District, Gujarat

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14	Registered	Dr.	Sanyukta Shinde	Junior Resident 1st Year (MD Physiology)	Lokmanyatilak Medical College and Sion General Hospital	dr.sanyuktashinde1706@gmail.com	Association Between Preoperative Anxiety and Heart Rate Variability: A Cross-Sectional Study in Surgical Patients
15	Registered	Dr.	Aishwarya Mishra	POSTGRADUATE RESIDENT MD PHYSIOLOGY	KALINGA INSTITUTE OF MEDICAL SCIENCES	richieash64@gmail.com	ALTERED AUTONOMIC REGULATION IN FIBROMYALGIA: INSIGHTS FROM HEART RATE VARIABILITY AND AUTONOMIC FUNCTION TESTING
16	Registered	Dr.	Purnima Bohare	Junior Resident	All India Institute of Medical Sciences,Rajkot	purnibohare1999@gmail.com	Beyond Body Mass Index: Hidden Cellular and Skeletal Muscle Dysfunction in Newly Diagnosed Type 2 Diabetes Revealed by Phase Angle and Hand Grip Strength
17	Registered	Dr.	Siddharth Gore	PG- JR	AIIMS RAIPUR	siddharthgore20101999@gmail.com	Correlation of Carotid–Femoral Pulse Wave Velocity with Various Obesity Parameters in Apparently Healthy Overweight and Obese Male Adults
18	Registered	Dr.	Simran Lalwani	PhD Student	All India Institute of Medical Sciences, New Delhi	simran.lalwani73@gmail.com	Effects of Yoga-Based Lifestyle Intervention on Pain, Cognitive, and Ageing in Obesity with Co-Morbid Depression: A Randomized Controlled Trial
19	Registered	Dr.	Snehal Tayade	Junior Resident	GOVERNMENT MEDICAL COLLEGE AKOLA.	tayade900@gmail.com	Association Between Generative Artificial Intelligence Usage, Objective Structured Practical Examination Performance, and Student Confidence Among First-Year Medical Student
20	Registered	Dr.	Juhi Tiwari	Intern Doctor	Pramukhswami Medical College	juhijtiwari2002@gmail.com	Comparative Assessment of Body Composition in Male and Female Chronic Kidney Disease Patients on Maintenance Dialysis
21	Registered	Dr.	Sutirtha Ghosh	PhD student	AIIMS, New Delhi	aamisutirtha@gmail.com	Pre-movement EEG dynamics as a reflective indicator of movement planning and preparation in a loading-unloading task
22	Registered	Dr.	Sudhir Kumar	Pg student	Goverment medical college and hospital bettiah west champaran bihar	drsudhir06@gmail.com	Association Between Lifestyle Regularity and Physiological Age Indicators in Young Adults
23	Registered	Dr.	Jyoti Lal Ram	Pg student	Goverment medical college and hospital bettiah west champaran bihar	jyotilal110496@gmail.com	Relationship Between Daily Behavioural Rhythms and Physiological Stress Recovery in Young Adults
24	Registered	Dr.	Krishnakant	PG STUDENT	GOVERNMENT MEDICAL COLLEGE,BETTIAH	sonurodrex83@gmail.com	Effect of Irregular Meal Timing on Post-Prandial Heart Rate and Blood Pressure Variability
25	Registered	Dr.	Vaibhav Katyayan	PG student	BMIMS, Pawapuri	vaibhavkatyayan@gmail.com	Effect of six weeks yoga training on physical fitness and aerobic capacity in healthy individuals

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26	Registered	Dr.	Tushar Ameta	Pg resident	RNT MEDICAL COLLEGE UDAIPUR	tusharameta9997@gmail.com	EFFECTS OF PRANAYAMA ON PULMONARY FUNCTIONS IN YOUNG HEALTHY UNDERGRADUATE MEDICAL STUDENTS: A SINGLE ARM- EXPERIMENTAL STUDY
27	Registered	Dr.	Ashwathreddy	MD-PhD	AIIMS Jodhpur	ashwathramanujan@gmail.com	Effect of White versus Black Backgrounds on Heart Rate Variability during Stroop Task
28	Registered	Ms.	Kismat Singla	MBBS Student (3rd Professional Year)	Geetanjali Medical College & Hospital, Udaipur	kismatsingla2005@gmail.com	Association of Loneliness with Sleep Quality among the Geriatric Population
29	Registered	Dr.	Shalini Sharma	Tutor/ phd scholar	Pacific institute of medical sciences,Udaipur	shalinisoni13@gmail.com	Title- Association of Thyroid Dysfunction with Body Mass Index and Lipid Profile: A Cross-Sectional Observational Study
30	Registered	Dr.	D Rama Venkata Manoj Kumar	JR-3	All India Institute of Medical Sciences	dr.ramindia007@gmail.com	Evaluation of effect of aluminium on Heart Rate Variability of Female Wistar rats
31	Registered	Dr.	Saurabh Kumar Jangid	PG RESIDENT	JLN MEDICAL COLLEGE AJMER	jangidsaurabhkumar@gmail.com	ASSESSMENT OF CARDIOVASCULAR RISK IN POSTMENOPAUSAL WOMEN BASED ON VARIOUS LIFESTYLE VARIABLES
32	Registered	Dr.	Pooja Choudhary	Postgraduate student of Physiology	Jhalawar medical collage, Jhalawar	dr.poojamangawa@gmail.com	The Impact of Yoga on Gastrointestinal Physiology, Motility & Symptoms Management in medical students of Jhalawar medical College
33	Registered	Dr.	Chhavi Sharma	PG Resident	Jawaharlal Nehru medical college	sharmachhavi87@yahoo.com	Bioavailability, Tissue Tropism and Therapeutic Efficacy of Magnesium Formulations in Clinical Physiology : A Narrative Review
34	Registered	Dr.	Manoj Kumar	Resident Doctor	Jawahar Lal Nehru Medical College, Ajmer	manojgathala@gmail.com	A Comparative Study to Assess the Association of BMI with Breath Holding Time and 6MWD in Healthy Adults
35	Registered	Dr.	Manisha Meena	Resident Doctor	Jawahar Lal Nehru Medical College, Ajmer	manishameena301296@gmail.com	Correlation of Red Cell Distribution Width and Erythrocyte Indices with Autonomic Modulation in Females with Iron Deficiency Anemia
36	Registered	Dr.	Bhola Ram Gurjar	Resident Doctor	Jawahar Lal Nehru Medical College, Ajmer	b.gurjar1988@gmail.com	Effect of Om Chanting on Cardiovascular, Respiratory, and Psychological Parameters: A Comprehensive Physiological Assessment
37	Registered	Dr.	Mahesh Kumar	Post Graduation Resident Physiology	Jhalawar medical collage Jhalawar	maheshkumarparihar310@gmail.com	Physiological consequences of smartphone use before sleep:An Emerging Lifestyle concern
38	Registered	Dr.	Vinod Kumar	Resident Doctor	Jawahar Lal Nehru Medical College, Ajmer	missjashwin068@gmail.com	The Effects of sleep deprivation on HRV and blood pressure in Indian college students
39	Registered	Dr.	Manisha Kumari	Pg student	Rnt medical college Udaipur	manishadindor30@gmail.com	A Cross-sectional study on Evaluation of functional capacity,cardiorespiratory health using six minute walk test,peak Expiratory flow rate and oxygen saturation in undergraduate medical students

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40	Registered	Dr.	Arjun Pargi	PG	RNT medical college	arjunpargi737@gmail.com	Correlation of Six-Minute Walk Distance with Spirometric Parameters in Smokers and Non-Smokers with COPD
41	Registered	Dr.	Kamlesh Kumar Vaghana	junior resident	RNT medical college udaipur	kamleshvaghana@gmail.com	Body Mass Index and Its Relation to Autonomic Modulation Assessed by Heart Rate Variability During Pre and Post Exercise Period
42	Registered	Dr.	Kistur Mal	Resident Doctor	Jawahar Lal Nehru Medical College, Ajmer	drkisturburdak23@gmail.com	Effect of Smoking on Hormone and Physiological Parameters

The presentation hall and time slots will be confirmed in the final scientific programme.