

ASSOPICON 2026 Award Paper Presentation

Presenting Day: Day 2, Wednesday, 07th October 2026

Sr. No.	Registration Status	Title	Presenting Author	Designation	Institution	Email Id	Abstract Title
1	Registered	Dr.	Neena Sharma	Associate Professor	AIIMS Jammu	neenasharma1404@gmail.com	Student's perspective and Impact of Mind Maps as self-directed learning tool in the First year Undergraduate MBBS students
2	Registered	Dr.	Kavitha Natarajan	Assistant Professor	Pondicherry Institute of Medical Sciences	kavitnraj@gmail.com	Randomized Controlled Trial on the Effect of Yoga on Anxiety Severity, Quality of Life, and Biomarkers in Individuals with Anxiety Disorder
3	Registered	Dr.	Anupama V Betigeri	PROFESSOR	MANAV RACHNA DENTAL COLLEGE,SDS,MRIIRS	banupama94@gmail.com	Knowledge and Utilization of Mouthguards Among University Athletes: A Cross-Sectional Study
4	Registered	Dr.	Usharani Moravineni	Professor and hod	Gitams institute of medical sciences and research, Gitam University	ushaprasad6@gmail.com	Association of the TSHR Gene Intronic Single Nucleotide Polymorphism rs2268458 With Non autoimmune Hypothyroidism: A Hospital-Based Cross-Sectional Study
5	Registered	Dr.	Anjali Verma	Assistant professor	SBKS Medical institute and research centre	anjali.jverma@gmail.com	Progressive Left Ventricular Remodeling and Diastolic Dysfunction Across BMI Categories Defined by WHO Asian BMI Cut-offs: A Cross-Sectional Echocardiographic Study
6	Registered	Dr.	Pravesh Kumar	Assistant Professor	Uttar Pradesh University of Medical Sciences, Saifai, Etawah	drpraveshkgmu@gmail.com	Association Between Anthropometric Indices and Serum Adiponectin Levels Among Young Adults-A Cross Sectional Study
7	Registered	Dr.	Anita Kumari	Associate Professor	AIIMS Deoghar	anita.physiology@aiimsdeoghar.edu.in	Regional burden of Anemia among Adolescent girls in India: A systematic review and meta-analysis
8	Registered	Dr.	Manish Parihar	PROFESSOR	MBBS DR. SNMC JODHPUR MD SMSMC JAIPUR PGDSM NSNIS PATIALA (SPORTS PHYSICIAN)	dr.manishpariharmbbsmdpgdsmdmch@gmail.com	ANALYSIS OF VISIBLE SIGNS OF RIP CURRENTS IN ARABIAN SEA AT CALANGUTE & VAGATOR BEACH OF GOA
9	Registered	Dr.	Pramita Dubey	Assistant Porfessor	Dr. Ram Manohar Lohia Institute of Medical Sciences, Lucknow	pramita3107@gmail.com	Human Adaptive Architecture: Structural Organization of Seven Adaptive Domains Within an Integrated Systems Psychophysiology Framework in Apparently Healthy Young Adults
10	Registered	Dr.	Milind Abhimanyu Nisargandha	ASSOCIATE PROFESSOR	SUNDERLAL PATWA GOVERNMENT MEDICAL COLLEGE MANDSAUR MP	manisargandha@gmail.com	Molecular mechanisms underlying the nephroprotective effects of Filago hurdwarica STZ-induced diabetic rats: Role of IGF-1/IL10 pathways
11	Registered	Dr.	Shweta Dadarao Parve	Professor & HOD	MGACH& RC,DMIHER	drshwetaparve@gmail.com	Ayurvedic Management of Plaque Psoriasis with Multimodal Ayurvedic Therapy- A Case Report
12	Registered	Dr.	Shweta Dadarao Parve	Professor & HOD	Mahatma Gandhi Ayurved College Hospital and Research Centre . DMIHER	drshwetaparve@gmail.com	Comparative Evaluation Of Effective Route Of Administration Of MASAM Oil In Vishwachi (Cervical Radiculopathy)
13	Registered	Dr.	Anne Varghese	Professor and Head	MOSC Medical College	annesunil4@gmail.com	Association of Low-Stakes Quiz-Based Learning with Academic Performance in First-Year Medical Physiology: A Retrospective Cohort Study
14	Registered	Dr.	Manju Lata	Associate Professor	All India Institute of Medical Sciences Patna	dr.manju11662@aiimspatna.org	Preliminary feasibility of non-invasive breath-based glucose estimation compared with capillary glucose measurement: a cross-sectional pilot study
15	Registered	Dr.	Manju Lata	Associate Professor	All India Institute of Medical Sciences Patna	dr.manju11662@aiimspatna.org	Integrated Electrocardiography-Heart Rate Variability (ECG-HRV) Analysis in Neurologically Symptomatic Individuals Without Cardiac Symptoms: A Data-Driven Retrospective Observational Study of Electrocardiographic-Autonomic Associations

The presentation hall and time slots will be confirmed in the final scientific programme.